

**2nd Annual Taking Charge of Childhood Obesity Conference: Strategies for
Health Professionals**
Saturday, June 3rd, 2006

Breakout Session: North

Facilitators

Christine Wood and Naomi Butler

Participants

Donald Miller, Christine Wood, Edward Curley, James Murphy, Ann Holler, Philip Goscienski, Nicholas Yphantides

Overall:

1. We need to have consistent messages for Healthcare providers,
2. A way to frame Obesity issue in a positive manner-looking and framing the issue on positive behaviors –physical activity, nutrition, less screen time etc In order to shift from looking at weight to health and fitness of children.

Prevention:

1. Provide a clearing house of canned presentations for healthcare providers with consistent messages in order to cut time commitments down for providers,
2. Clearinghouse of funding sources
3. Create an “ask” letter for providers to speak at school functions to help facilitate school health by influencing parents, teachers, etc to actively support the wellness policies,

Treatment:

1. Regional referral system that is effective. School nurse to physician then physician to resources/treatment,
2. At home services for families-transportation is a huge barrier