

# Healthy Development Services

July 2009 – June 2010

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Dear Friends,

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN™



## Countywide Coordination & Support

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FAMILY HEALTH CENTERS OF SAN DIEGO

## Central & East Regions

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## North Coastal Region

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## North Inland Region

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## South Region

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We are writing to update you about the exciting progress of **First 5 San Diego's Healthy Development Services (HDS)** and to inform you of some changes. Over the past 4 years, we have worked with over 20 organizations to deliver services to children age 5 and younger. See [www.aapca3.org/hds](http://www.aapca3.org/hds) for more information, including regional fact sheets, newsletters and referral forms.

In the last fiscal year (July 2008-June 2009), HDS provided services to over **30,000 children** age 5 and younger and their families in San Diego County. These children received help early, before they entered school with significant delays that impact learning. We look forward to helping more children and families in the coming months as First 5 San Diego continues the contracts to deliver vital assistance to families.

Moving forward, please note the following changes to some HDS service areas:

- **Parent Support and Empowerment (PSE):** The East region has added Welcome Home Baby (WHB) as a provider. Rady Children's Hospital will be a new PSE provider for the North Central and South regions.
- **Newborn Medical Home Visits (NBHV):** WHB will provide NBHV services for the East region, and Scripps Mercy Hospital Chula Vista has been added as a provider for the South region.
- **Hearing Screening, Referral, and Treatment:** Family Health Centers of San Diego (FHCSO) has been added as a provider in the Central and East regions.
- **Home Visiting for At Risk Families:** FHCSO was added as a provider in the Central region, and Home Start was added as a provider in the North Coastal region.
- **Developmental Services and Speech and Language Services:** South Bay Community Services (SBCS) and UCSD Community Pediatrics (UCSD-CP) will be the providers in the South region.
- **Behavioral Services and Health & Behavioral Consultations:** The South region added UCSD-CP as a provider.

The enclosed *HDS Provider Summary Grid* lists all of the providers of each service area and the contact information for each Regional Lead. Please do not hesitate in contacting a Regional Lead if you have any questions regarding a specific region.

For more information on First 5 San Diego and other programs they support for children age 5 and younger, please visit [www.first5sandiego.org](http://www.first5sandiego.org). Parents, caregivers, and others can also access information about programs and services from First 5 San Diego's toll free number, **1-888-5-FIRST-5**.

**Finally, we would like to thank you for your support.** Your services, referrals, and expertise have made our efforts possible. We look forward to working with you more in the future.

Sincerely,

**Randall Marks**  
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First 5 Commission of San Diego County  
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Enclosure: HDS Provider Summary Grid

