

First 5 San Diego Health and Developmental Services

Central Region



FAMILY HEALTH CENTERS OF SAN DIEGO

Contact: Claudia Gastelum

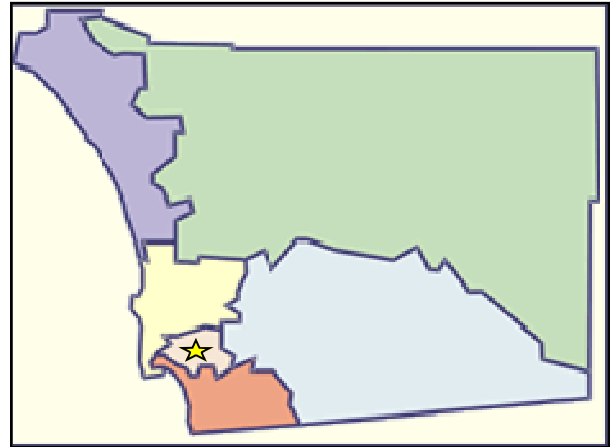
Phone: (619) 515-2429

Main Line: (619) 515-2406

Fax: (619) 544-0308

E-mail: cgastelum@fhcsd.org

Zip Codes Covered by the Region: 92101, 92102, 92103, 92104, 92105, 92113, 92114, 92115, 92116, 92134, 92136, 92139, 92182



Use network consent form to fax referrals. Verbal/written consent REQUIRED. Families can self refer & specify service at main line

Service Domains and Provider/s	Services Provided	Referral information
Newborn Medical Home Visits Rady Children's Home Care (Rady-HC)	Services include: Newborn medical screen by RN or NP, lactation support, New Parent Kit, referral to resources, infant care information, and Edinburgh Post Natal Depression Screen.	Available to all first time parents. Parents are referred by their birthing hospital, or can call Rady-HC directly at (858) 966-5914.
<u>Requirements for services listed below:</u> Children under the age of 5 Children who cannot access similar services elsewhere		
Service Domains and Provider/s	Services Provided	Referral information
Developmental Screening, Assessment and Treatment Services Family Health Centers of San Diego (FHCS)	Developmental screenings cover gross and fine motor skills, speech and language, problem solving and socio-emotional issues. Global developmental and communication treatment groups are offered for children who have a mild to moderate delay.	Fax referral to (619) 544-0308.
Speech and Language Services Family Health Centers of San Diego (FHCS)	Classes are provided to parents of children identified as at-risk for communication delays. Children with mild to moderate delays will receive individual or group speech and language services.	Fax referral to (619) 544-0308.
Behavioral Health Services San Diego Center for Children (SDCC)	Individual treatment can include a Therapist, Behavioral Coach, Parent Partner, parents and teacher/provider.	Fax referral to (619) 544-0308.
Vision Screening, Referral, and Treatment UCSD Shiley Eye Center (Shiley)	Vision screening, referral, treatment and follow-up services are provided at childcare centers and local resource centers. Referrals are made to an Optometrist if the child requires further treatment.	Referrals can be made to Shiley at (858) 822-2585 or through the Regional Coordinator at (619) 515-2406.
Hearing Screening, Referral, and Treatment YMCA Childcare Resource Services (YMCA-CRS)	Hearing screenings are provided through health consultants. Referrals are made to an audiology specialist or ENT if the child requires treatment.	Fax referral to (619) 544-0308.

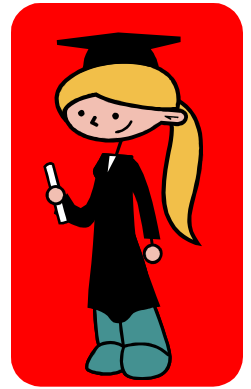
Developmental/Speech & Language/OT/PT Assessments/Evaluations begins with initial Developmental Screening

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Parent Support and Empowerment Family Health Centers of San Diego (FHCS)	Services are for families with a child identified with or at risk for a disability or special health care need. Parent-to-parent support, education, and linkages to resources, referrals, and trainings are provided.	Fax referral to (619) 544-0308.
Home Visitation for At-Risk Families Home Start (HS)	In-home support services are provided to at-risk families with a focus on increasing self-sufficiency. A case manager visits the family in their home.	Fax referral to (619) 544-0308.
Health and Behavioral Consultant Services for Early Care and Education Providers YMCA Childcare Resource Service (YMCA-CRS)	Behavioral consultation and technical assistance are available to licensed and license-exempt early care and education providers and parents of children in early learning programs.	Early care and education providers can contact the Regional Coordinator for referral for training, support and resources at (619) 515-2406.



American Academy of Pediatrics

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California Chapter 3



First 5 Commission of San Diego County
 Improving the lives of children 0 to 5

Funded by **First 5 Commission of San Diego County**

Countywide Coordination provided by **The American Academy of Pediatrics California Chapter 3**

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