

# First 5 San Diego Healthy Development Services

## South Region



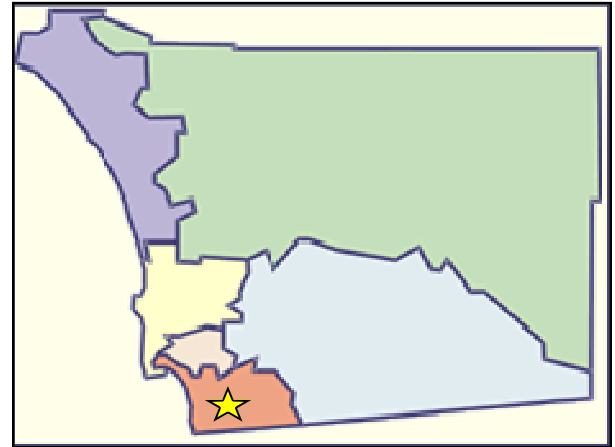
South Bay Community Services

Contact: Sally Fimbres

Phone: (619) 420-3620 x 131 Fax: (619) 420-8722

E-mail: sfimbres@csbcs.org

**Zip Codes Covered by the Region:** 91902, 91910, 91911, 91913-91915, 91932, 91950, 92118, 92135, 92154, 92155, 92173



\* The South Region uses a centralized intake system and all referrals come into South Bay Community Services.

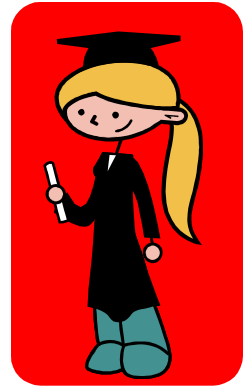
Service Domains and Provider/s	Services Provided	Referral information
<b>Newborn Medical Home Visits</b> Rady Children's Home Care (Rady-HC) Operation Samahan (OS) Scripps Mercy Hospital Chula Vista (SMHCV)	Services include: Newborn medical screen by RN or NP, lactation support, New Parent Kit, referral to resources, infant care information, and Edinburgh Post Natal Depression Screen. Telephone follow up is provided to all children. Follow up visits are made as appropriate.	Available to all first time parents. Referrals come from birthing hospital or physician. Parents can refer to the Regional Coordinator at (619) 420-3620.
<b>Requirements for services listed below:</b> Children under the age of 5 Children who cannot access similar services elsewhere		
Service Domains and Provider/s	Services Provided	Referral information
<b>Developmental Screening, Assessment and Treatment Services</b> UCSD Community Pediatrics (UCSD-CP) South Bay Community Services (SBCS)	UCSD-CP and C3 provide developmental screenings, assessments, and treatment classes for children and parents. Behavior/development classes and one-on-one coaching with a behavior specialist is available for parents.	Referrals made through the Regional Coordinator at (619) 420-3620.
<b>Speech and Language Services</b> Rady Children's Speech and Language Department (Rady-SLD)	Comprehensive speech and language services are provided by licensed and certified speech pathologists including evaluations and screenings, enrichment and treatment classes, therapy, and training for providers.	Referrals made through the Regional Coordinator at (619) 420-3620.
<b>Behavioral Health Services</b> Episcopal Community Services (ECS) UCSD Community Pediatrics (UCSD-CP)	Behavioral health assessments and child and family therapy is provided.	Referrals made through the Regional Coordinator at (619) 420-3620.
<b>Vision Screening, Referral, and Treatment</b> UCSD Shiley Eyemobile (Shiley)	Vision screening, referral, and case management services are provided at childcare centers and local resource centers. Referrals are made to an Optometrist if the child requires further treatment.	Referrals made through the Regional Coordinator at (619) 420-3620.
<b>Hearing Screening, Referral, and Treatment</b> UCSD Shiley Eye Center (Shiley)	Hearing screening, referral, and case management services are provided at childcare centers and local resource centers. Referrals are made to a specialist or ENT if the child requires treatment.	Referrals made through the Regional Coordinator at (619) 420-3620.

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<b>Parent Support and Empowerment</b> Rady Children's Home Care ( <b>Rady-HC</b> )	Services are for families with a child identified with or at risk for a disability or special health care need. Parent-to-parent support & education as well as linkages to resources, referrals, and trainings are provided.	Referrals made through the Regional Coordinator at (619) 420-3620.
<b>Home Visitation for At-Risk Families</b> Parents as Teachers Home Visiting ( <b>PAT-HV</b> ) South Bay Community Services ( <b>SBCS</b> )	PAT-HV provides monthly home visits, child development lessons, screening questionnaires for health, vision, hearing and ASQ. Family may continue in programs for up to two years. The curriculum used for PAT is Born to Learn.	Referrals are based on assessments completed by nurse during newborn home visit or risk factors such as history of mental illness, maternal depression, substance use, teen parent, or domestic violence. Referrals made through the Regional Coordinator at (619) 420-3620.
<b>Health and Behavioral Consultant Services for Early Care and Education Providers</b> YMCA Childcare Resource Services ( <b>YMCA-CRS</b> )	Behavioral consultation and technical assistance are available to licensed and license-exempt early care and education providers and parents of children in early learning programs.	Referrals made through the Regional Coordinator at (619) 420-3620. Child must be enrolled in early child care within San Diego County, and services must be parent initiated.



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California Chapter 3 - San Diego and Imperial Counties



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**Contact:** Pradeep Gidwani, MD **Phone:** (619) 281-2291 **Email:** [pgidwani@aapca3.org](mailto:pgidwani@aapca3.org)