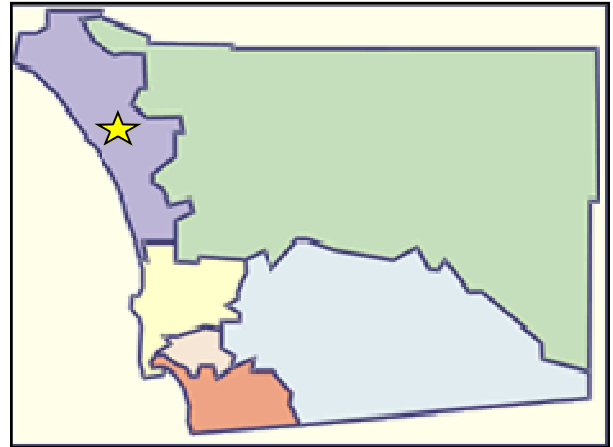


# First 5 San Diego Healthy Development Services

## North Coastal Region



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**Zip Codes Covered by the Region:** 92007-92009, 92010, 92011, 92014, 92024, 92054-92057, 92067, 92075, 92081, 92083, 92084, 92091, 92672

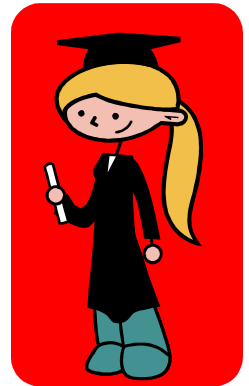
| Service Domains and Provider/s   | Services Provided   | Referral information  |
|--|---|---|
| Newborn Medical Home Visits<br>Welcome Home Baby (WHB)<br>Vista Community Clinic (VCC)   | Newborn home visiting program for first-time parents providing maternal and infant assessment, lactation support, health and development-focused education, and referral.   | Available to all first time parents. Contact WHB directly at (877) 504-2229 or VCC (760) 407-1220 x 130.  |
| <p><b><u>Requirements for services listed below:</u></b></p> <p><b>Children under the age of 5</b></p> <p><b>Children who cannot access similar services elsewhere</b></p> |   |   |
| Service Domains and Provider/s   | Services Provided   | Referral information  |
| <b>Developmental Screening, Assessment and Treatment Services</b><br>Children's Care Connection (C3)   | C3 provides developmental screenings, assessments, and treatment classes for children and parents. Behavior/development classes and one-on-one coaching with a behavior specialist is also available for parents.   | Referrals made to C3 at (877) 8-C3KIDS or through the Regional Coordinator at (858) 966-1700 x 6577.  |
| <b>Speech and Language Services</b><br>Rady Children's Speech and Language Department (Rady-SLD)   | Comprehensive speech and language services are provided by licensed and certified speech pathologists including evaluations and screenings, enrichment and treatment classes, therapy, and training for providers.  | Referrals made to C3 at (877) 8-C3KIDS or through the Regional Coordinator at (858) 966-1700 x 6577.  |
| <b>Behavioral Health Services</b><br>Chadwick Center for Children and Families (Chadwick)<br>Home Start (HS)   | Parent-Child Attunement Therapy (12 to 36 months) and Parent-Child Interaction Therapy (3 yrs and up), in which parents are 'coached' how to enhance their relationship and develop consistently positive communication with their child, and to implement child management skills. Chadwick provides center-based services and Home Start provides home-based service. Trauma counseling is also provided by Chadwick. | Referrals made to Chadwick at (760) 967-7082 x 7607 or Home Start at (619) 692-0727 x 136 or through the the Regional Coordinator at (858) 966-1700 x 6577. |
| <b>Vision Screening, Referral, and Treatment</b><br>North County Health Services (NCHS)  | Vision screening, referral, and case management services are provided at childcare centers and local resource centers.  | Referrals made to NCHS at (760) 736-8659 or through the Regional Coordinator at (858) 966-1700 x 6577.  |
| <b>Hearing Screening, Referral, and Treatment</b><br>North County Health Services (NCHS)   | Hearing screening, referral, and case management services are provided at childcare centers and local resource centers.   | Referrals made to NCHS at (760) 736-8659 or through the Regional Coordinator at (858) 966-1700 x 6577.  |

# First 5 San Diego

## Healthy Development Services

### North Coastal Region

| Service Domains and Provider/s   | Services Provided   | Referral Information   |
|--|---|--|
| <b>Parent Support and Empowerment</b><br>Welcome Home Baby (WHB)<br>Exceptional Family Resource Center (EFRC)  | WHB provides parenting classes for families and children under 1 year old. EFRC provides parent support workshops and specific services for families with a child identified with or at risk for a disability or special health care need. Parent-to-parent support and education, linkages to resources, and trainings are provided. | Referrals made to WHB (877) 504-2229, EFRC at (800) 281-8252, or through the Regional Coordinator at (858) 966-1700 x 6577.  |
| <b>Home Visitation for At-Risk Families</b><br>Welcome Home Baby (WHB)<br>Vista Community Clinic (VCC)<br>Chadwick Center for Children and Families (Chadwick) | WHB and VCC provide home visitation for intensive support and case management to at risk families identified through newborn home visits. Chadwick provides these services to families identified through the newborn visit or later through other network services.  | WHB and VCC nurses and network providers will refer families to the appropriate at-risk home visiting program. Contact the Regional Coordinator at (858) 966-1700 x 6577 with any questions. |
| <b>Health and Behavioral Consultant Services for Early Care and Education Providers</b><br>YMCA Childcare Resource Services (YMCA-CRS)                         | Health and behavioral consultation and technical assistance are available to licensed and license-exempt early care and education providers as well as parents of children in early learning programs.  | Referrals can be made to YMCA-CRS at (800) 908-8883 or through the Regional Coordinator at (858) 966-1700 x 6577.  |



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 California Chapter 3 - San Diego and Imperial Counties



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