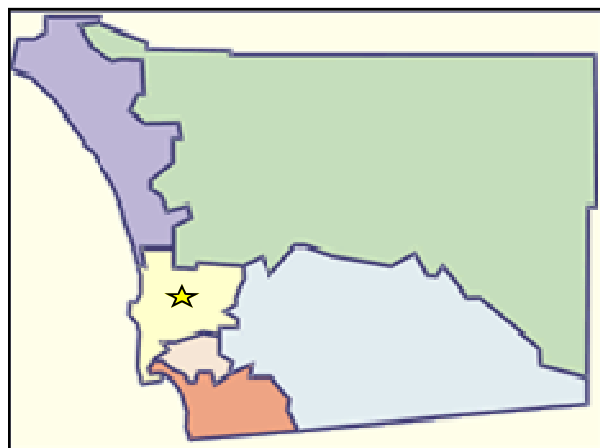


First 5 San Diego Healthy Development Services

North Central Region



Contact: Shelley Turner **Phone:** (858) 576-1700 x 7346
Fax: (858) 966-7521 **E-mail:** snturner@rchsd.org

Zip Codes Covered by the Region: 92037, 92093, 92106-92110, 92111, 92117, 92119-92122, 92123, 92124, 92126, 92130, 92131, 92140, 92145, 92161

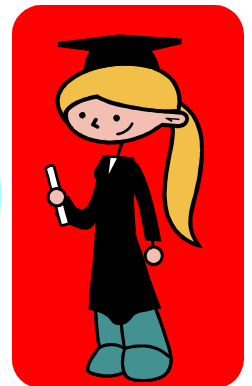
Service Domains and Provider/s	Services Provided	Referral information
Newborn Medical Home Visits Rady Children's Home Care (Rady-HC) Welcome Home Baby (WHB)	Newborn home visiting program for first-time parents providing maternal and infant assessment, lactation support, health and development-focused education, and referral.	Available to all first time parents. Contact Rady-HC directly at (858) 966-5914 or WHB at (877) 504-2229.
<u>Requirements for services listed below:</u> Children under the age of 5 Children who cannot access similar services elsewhere		
Service Domains and Provider/s	Services Provided	Referral information
Developmental Screening, Assessment and Treatment Services Children's Care Connection (C3) Developmental Screening and Enhancement Program (DSEP)	C3 provides developmental screenings, assessments, and treatment classes for children and parents. Behavior/development classes and one-on-one coaching with a behavior specialist is also available for parents. DSEP provides developmental screenings and case management for children in foster care in San Diego.	Referrals made to C3 at (877) 8-C3KIDS, or DSEP at (858) 966-7874, or through the Regional Coordinator at (858) 576-1700 x 7346.
Speech and Language Services Rady Children's Speech and Language Department (Rady-SLD)	Comprehensive speech and language services are provided by licensed and certified speech pathologists including evaluations and screenings, enrichment and treatment classes, therapy, and training for providers.	Referrals made to C3 at (877) 8-C3KIDS or through the Regional Coordinator at (858) 576-1700 x 7346.
Behavioral Health Services Chadwick Center for Children and Families (Chadwick) Home Start (HS)	Parent-Child Attunement Therapy (12 to 36 months) and Parent-Child Interaction Therapy (3 yrs and up), in which parents are 'coached' how to enhance their relationship and develop consistently positive communication with their child, and to implement child management skills. Chadwick provides center-based services and Home Start provides home-based service.	Referrals made to Chadwick (858) 966-4011 x 3649 or Home Start (619) 692-0727 x 136 or through the Regional Coordinator at (858) 576-1700 x 7346.
Vision Screening, Referral, and Treatment UCSD Shiley Eye Center (Shiley)	Vision screening, assessment, treatment and follow-up services are provided at childcare centers and local resource centers. Referrals are made to an Optometrist if the child requires further treatment.	Referrals made to Shiley at (858) 822-2585 or through the Regional Coordinator at (858) 966-1700 x 7644.
Hearing Screening, Referral, and Treatment UCSD Shiley Eye Center (Shiley)	Hearing screenings are provided at childcare centers and local resource centers. Referrals are made to a specialist or ENT if the child requires treatment.	Referrals made to Shiley at (858) 822-2585 or through the Regional Coordinator at (858) 966-1700 x 7644.

First 5 San Diego

Healthy Development Services

North Central Region

Service Domains and Provider/s	Services Provided	Referral Information
Parent Support and Empowerment Exceptional Family Resource Center (EFRC)	Services are for families with a child identified with or at risk for a disability or special health care need. Parent-to-parent support and education, linkages to resources, and trainings are provided.	Referrals made to EFRC at (800) 281-8252 or through the Regional Coordinator at (858) 576-1700 x 7346.
Home Visitation for At-Risk Families Social Advocates for Youth San Diego (SAY SD) Union of Pan Asian Communities (UPAC)	SAY SD and UPAC provide services to children identified at home visits or later through other network services. Healthy Start Military Family Cluster SAY SD serves military families as well as non-military families. UPAC serves Asian and Pacific Islander families.	Please contact the Regional Coordinator at (858) 576-1700 x 7346 with any questions.
Health and Behavioral Consultant Services for Early Care and Education Providers YMCA Childcare Resource Services (YMCA-CRS)	Health and behavioral consultation and technical assistance are available to licensed and license-exempt early care and education providers as well as parents of children in early learning programs.	Referrals can be made to YMCA-CRS at (800) 908-8883 or through the Regional Coordinator at (858) 576-1700 x 7346.



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California Chapter 3



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