

First 5 San Diego Healthy Development Services

East Region



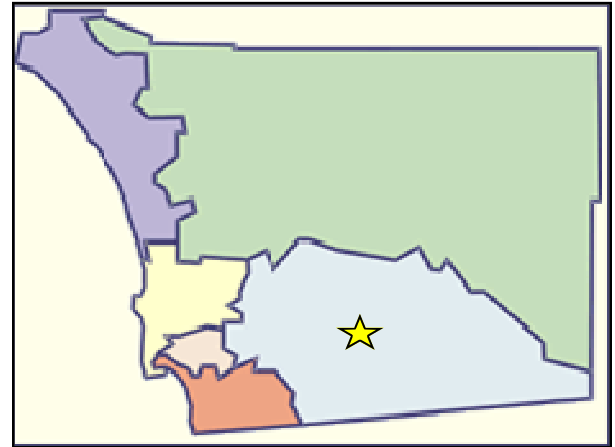
FAMILY HEALTH CENTERS OF SAN DIEGO

Contact: Heather Summers

Phone: (619) 515-2462 **Main Line:** (619) 515-2463

Fax: (619) 444-0884 **E-mail:** heathers@fhcsd.org

Zip Codes Covered by the Region: 91901, 91905, 91906, 91916, 91917, 91931, 91934, 91935, 91941, 91942, 91945, 91948, 91962, 91963, 91977, 91978, 91980, 92019-92021, 92040, 92071



Use network consent form to fax referrals. Verbal/written consent REQUIRED. Families can self refer & specify service at main line

| Service Domains and Provider/s | Services Provided | Referral information |
|---|---|--|
| Newborn Medical Home Visits Welcome Home Baby (WHB) | Newborn home visiting program for first time parents providing assessment, lactation support, health and development focused education, and referral. | Available to all first time parents. Contact WHB directly at (877) 504-2229. |

Requirements for services listed below:
Children under the age of 5

Children who cannot access similar services elsewhere

| Service Domains and Provider/s | Services Provided | Referral information |
|--|--|--|
| Developmental Screening, Assessment and Treatment Services Family Health Centers of San Diego (FHCS) | Developmental screenings cover gross and fine motor skills, speech and language, problem solving and socio-emotional issues. Global developmental and communication treatment groups are offered for children who have a mild to moderate delay. | Fax referral to (619) 444-0884. |
| Speech and Language Services Family Health Centers of San Diego (FHCS) | Classes are provided to parents of children identified as at-risk for communication delays. Children with mild to moderate delays will receive individual or group speech and language services. | Fax referral to (619) 444-0884. |
| Behavioral Health Services San Diego Center for Children (SDCC) | Individual treatment can include a Therapist, Behavioral Coach, Parent Partner, parents and teacher/provider. | Fax referral to (619) 444-0884. |
| Vision Screening, Referral, and Treatment UCSD Shiley Eye Center (Shiley) | Vision screening, referral, treatment and follow-up services are provided at childcare centers and local resource centers. Referrals are made to an Optometrist if the child requires further treatment. | Referrals can be made to Shiley at (858) 822-2585 or through the Regional Coordinator at (619) 515-2462. |
| Hearing Screening, Referral, and Treatment YMCA Childcare Resource Services (YMCA-CRS) | Hearing screenings are provided through health consultants. Referrals are made to an audiology specialist or ENT if the child requires treatment. | Fax referral to (619) 444-0884. |

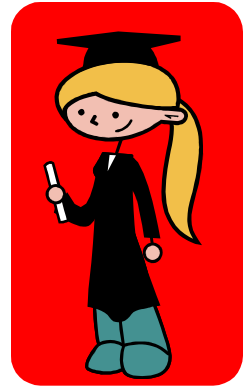
Developmental/Speech & Language/OT/PT Assessments/Evaluations begins with initial Developmental Screening

First 5 San Diego

Healthy Development Services

East Region

| Service Domains and Provider/s | Services Provided | Referral Information |
|--|--|---|
| Parent Support and Empowerment Family Health Center of San Diego (FHCS) | Services are for families with a child identified with or at risk for a disability or special health care need. Parent-to-parent support, education, and linkages to resources, referrals, and trainings are provided. | Fax referral to (619) 444-0884. |
| Home Visitation for At-Risk Families Home Start (HS) | In-home support services are provided to at-risk families with a focus on increasing self-sufficiency. A case manager visits the family in their home. | Fax referral to (619) 444-0884. |
| Health and Behavioral Consultant Services for Early Care and Education Providers YMCA Childcare Resource Services (YMCA-CRS) | Behavioral consultation and technical assistance are available to licensed and license-exempt early care and education providers and parents of children in early learning programs. | Early care and education providers can contact the Regional Coordinator for referral for training, support, and resources at (619) 515-2462 . |



American Academy of Pediatrics
 DEDICATED TO THE HEALTH OF ALL CHILDREN™
 California Chapter 3 - San Diego and Imperial Counties



Funded by **First 5 Commission of San Diego County**
 Countywide Coordination provided by **The American Academy of Pediatrics California Chapter 3**
Contact: Pradeep Gidwani, MD **Phone:** (619) 281-2291 **Email:** pgidwani@aapca3.org